

NORDIC

MEN'S SIZES



	<i>Chest (cm)</i>	<i>Waist (cm)</i>	<i>Hip (cm)</i>
<i>1/XS</i>	82-88	72-78	82-88
<i>2/S</i>	88-94	78-84	88-94
<i>3/M</i>	94-100	84-90	94-100
<i>4/L</i>	100-106	90-96	100-106
<i>5/XL</i>	106-112	96-102	106-112
<i>6/XXL</i>	112-119	102-109	112-119
<i>7/SL</i>	119<	109<	119<

Instructions

Measure the widest part of your chest

Measure the widest part of your hips

*If your hips are wider than your chest,
please follow the measurement of your hips*

Always keep the measuring tape horizontal